

LYMPH NODES





Lymph nodes are found in the neck, armpits and groin.

- They contain clusters of immune system cells.
- Normally, lymph nodes are small and round and you don't notice them. But when they're swollen, it means your immune system is at work.
- Lymph nodes work like filters to remove germs that could make you sick.
- Lymph nodes, and the tiny channels that connect them to each other, contain lymph, a clear fluid with leukocytes (white blood cells) in it.