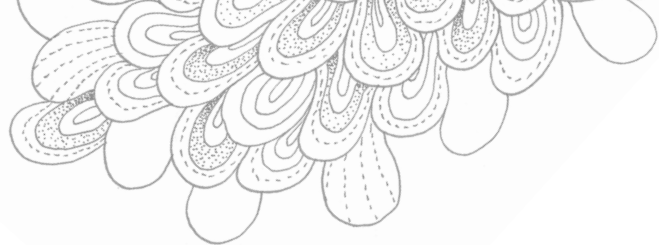


LESSON 2 : MYTHS



LESSON 1 : MYTHS	
Overview	Activities will tackle common HIV myths & misconceptions raised in UNDEFEATED and provide students with an accurate HIV knowledge base
Duration	1 hour
Lesson Objectives	<ul style="list-style-type: none"> • Build HIV knowledge and awareness by providing accurate HIV information • Tackle common myths, misconceptions, stereotypes and uncertainties about HIV • Discuss how myths contribute to unhelpful attitudes and behaviours around HIV.
Key Terms	Myths Misconceptions
Teacher's Notes	<p>This unit seeks to consolidate the facts about HIV that are presented through the film; UNDEFEATED, directly busting common myths and misconceptions. The film itself challenges these, providing some simple truths and facts.</p> <p>The unit provides two possible learning pathways based on the assessed level of knowledge and understanding after the introductory activity. If basic knowledge of HIV is still insecure and the group is struggling to articulate clear facts relating to HIV then the group is guided to the HIV Back to Basics lesson or to visit the Learning Library to ensure that a foundation of facts is established before going any further.</p> <p>Recommended Background Reading: From our research we know that doubts linger even when knowledge levels are good. The Office of Public Management (OPM) produced a research report that highlights this issue. This provides teachers/facilitators with a good preparation for the range of views, knowledge levels and understanding that is likely to arise with the group.</p> <p>The full report can be found here: Learning Library</p>
Resources	Lesson plan 2. Powerpoint 2. Spotlight Series : Myths Undefeated clips: x4 Undefeated: scripts x3 Learning Library: Animation films and True /False game. HIV FAQs
Curriculum Links	<p>PSHE: <i>Health and wellbeing</i> <i>Identity</i> <i>Diversity and equality</i></p> <p>SRE: <i>Influences & behaviour</i> <i>Feelings & attitudes</i> <i>Keeping safe & looking after my sexual health</i></p> <p>Science: <i>Communicable diseases</i> <i>Health, disease and the development of medicine</i> <i>Treating, curing and preventing diseases</i></p>



LESSON 2 : MYTHS

TIME	ACTIVITY	INSTRUCTIONS	FACILITATOR'S NOTES	EQUIPMENT NEEDED
5 mins	Activity 1: Brainstorm	Brainstorm all the myths, rumours, facts you have heard about HIV and explain that throughout the lesson, these will be revisited and clarified.	Encourage students to be honest and respectful.	Flipchart or whiteboard
20 mins	Activity 2: A spotlight on myths	<p>Watch Spotlight Series : Myths.</p> <p>Discussion: (to be completed in small groups or as an entire class). Explore the following questions:</p> <ol style="list-style-type: none"> 1. Did any of the myths she spoke about match up with any that the class shared to start? 2. How did these myths make her feel? 3. Why are misconceptions painful for people living with HIV or in general? 4. What happens when peoples' actions are informed by myths? 5. Where have these myths originated from? 	<p>The spotlight film is a true story and the person speaking is not an actor.</p> <p>Encourage students to think about where they may have heard myths from e.g. Media, TV programmes, films, parents, teachers, doctors etc.</p> <p>If they are unsure, where do students look to for clarification?</p>	<p>AV materials to view film clip.</p> <p>Optional: Small group work-sheets with the discussion questions</p>
25 mins	Activity 3: Dissect the scene	<p>Divide class into small groups.</p> <p>Using the scripts and clips taken from the film 'Undeclared' and the 'Spotlight Series' dissect scene into what is fact and what is fiction.</p> <p>Groups to re-write scene into what they believe to be a more accurate, ideal response.</p> <p>Once all groups are ready, act out scenes pre and post and get feedback from the wider group</p>	Aim for students to understand the root of the myth, where it has come from and why the character is behaving that way.	<p>x 4 'Myths' clips & scripts.</p> <ol style="list-style-type: none"> 1. Stephanie & Mrs Radcliffe 2. Stephanie & Candy 3. Stephanie & Archie 4. Mrs Radcliffe
5 mins	Activity 4: No Ifs, Buts or Maybes	Play film: HIV Transmission	Reiterate to students the importance of seeking reliable information if they have any doubts, uncertainties, or questions about HIV. It is better to ask a reliable source than to make misinformed judgements or remarks.	AV materials to view film clip: HIV Transmission
5 mins	Activity 5:	Revisit opening brainstorm on HIV and ensure all facts/myths have been clarified.	Refer to FAQ's	FAQ's